

# SACRED HEART CATHOLIC SCHOOL

## Newsletter

Term 1 | Issue 2 | Date: 19th February 2020



Dear Parents and Carers,

As we continue to settle into the new year I think it important that I share with you our school improvement focuses for the 2020 school year. Our focuses are the result of staff reflection and based on data that has been gathered from a number of different sources.

Our Annual Improvement Plan summarises our key focuses for the 2020 year. These include:

- English – to improve student outcomes particularly in Writing. To achieve this we are finalising a detailed English Scope and Sequence and set up an English team that meet each Monday after school, working on improving the way we teach spelling, learning from experts in the field such as Michael Murray who is coming to work with us next week, reviewing assessment and reflecting on our pedagogical practice in English.
- Catholic life – to review our pedagogical practices in this Key Learning Area, reflect on how we can improve and investigate how we can link the call to mission with social justice practices for staff and students.
- Wellbeing – to nurture the wellbeing of staff and students. We are introducing a comprehensive program from K-6 to develop students problem solving, social skills and resilience through a resource called 'Bounceback'. Staff will work together with a facilitator to develop Positive Behaviours for Learning in our school. We hope to employ a chaplain who assists with wellbeing (readvertising this week), providing cybersafety awareness activities and highlighting the need to nurture wellbeing in staff and students.

There will be opportunities provided throughout the year for parents and carers to become more informed about aspects of these key school focuses.

Our Kindergarten children have settled beautifully. They seem happy and are enjoying the range of learning activities that are part of the Kindergarten classroom.

Teachers have enjoyed meeting parents and having the opportunity to talk about students and their learning. It is our hope that these collaborative conversations continue throughout the year.

I am attending a Principals meeting in Leeton this afternoon and tomorrow. Please contact Mr King if you have any concerns.

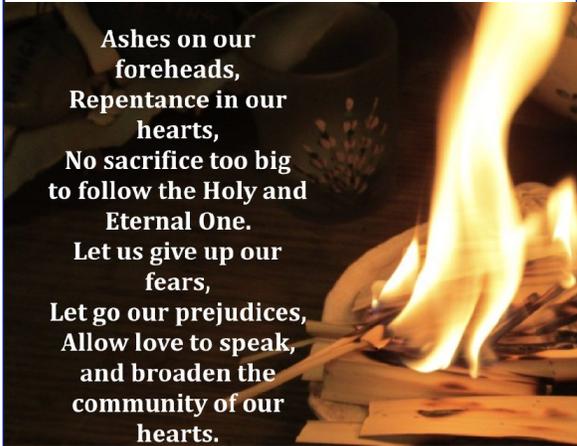
Hope the coming week is a good one for you and your families. Let us keep in mind anyone who is sick or has sick loved ones who are part of our community.

Carolyn Matthews  
Principal

## PRAYER

**ASH WEDNESDAY - 26th February**

Next Wednesday is Ash Wednesday which marks the beginning of Lent, a time for fasting, reflection and reaching out to others in word and action as we prepare for the great Christian celebration of Easter. May Lent provide an opportunity for each of us to grow in our practice of a christian way of life.



Ashes on our foreheads,  
Repentance in our hearts,  
No sacrifice too big to follow the Holy and Eternal One.  
Let us give up our fears,  
Let go our prejudices,  
Allow love to speak,  
and broaden the community of our hearts.

**Parish Mass - Years 3-6 attending at 9.30am**

## KEY DATES

### Week 4

Fri 21st Feb

Whole school assembly (6A hosting) at 2.30pm

### Week 5

Wed 26th Feb

Ash Wednesday Mass for Years 3-6 at 9.30am.  
Ash Wednesday Liturgy for Years K-2 at 9.30am

Fri 28th Feb

P&F Mufti day for the canteen

### Week 6

Mon 2nd Mar

Kinder 2020 Parent Information evening at 6pm

### Week 7

Mon 9th Mar

2021 Kinder Information morning at 9.30am

## A WORD FROM MR KING

### Expectations at Sacred Heart

At Sacred Heart we have high expectations of our students. From the way they greet and speak to teachers, peers, visitors, etc, to the way they interact with others, the way they approach their learning, and the way they conduct themselves when representing our school. As noted in the last newsletter, our teachers work closely with our students so that they have a good awareness of expectations within each class. When our students know what is expected of them, it leads to increased confidence, comfort and a feeling of safety within the class.

Throughout Sacred Heart we have a mantra; **“kind words and kind actions”**. In all classes the expectation is that our students will conduct themselves at all times using kind words and actions when dealing with others. This begins with greeting others using their names, being inclusive of others, speaking positively and having fun. As Sacred Heart is a place where students come to us with a large variance of life experiences, sometimes our students don't get it right all the time. When this happens we try to learn how to relate to others and support our students so that if the occasion arises again they learn the skills to apply if similar situations occur.

The first point of call for behaviours which are not considered appropriate for our school setting is the class teacher. They are able to work with their students to help them refer back to class agreements as to how they treat others. This is important in establishing a strong relationship between teacher and student. Sometimes there are behaviours that require further intervention. Areas currently focused on as non-negotiable for our students are;

- High level swearing
- Sexualized language, and
- Physical aggression

If instances such as these occur, students will be referred to either myself or Miss Matthews. When these behaviours occur, it is a chance for us to have a coaching session with them. We understand that our students need assistance in mastering behaviours, as they may need to break habits that have been ingrained for some time, or that often our students lack the maturity or life skills to ensure they are able to comply with what is asked of them. It is important to know that these sessions are there to try and build skills within the students so that they have the chance to reflect on their behaviours/actions, and to discuss with them choices about what they may do in the future.

If you would like further information about this, or anything else that is happening at Sacred Heart, please contact myself or Miss Matthews.

All the best

Sam King  
Assistant Principal

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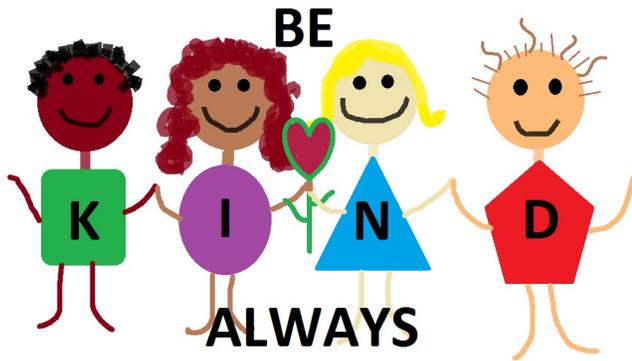
## Catholic Life and Learning at SHK

### Prayer:

There is a stir in the air, a sense of excitement.  
The road lies before us, inviting, alluring, untraveled.  
Accompany us, Companion God, as we journey on each day.  
May the way ahead thrill us with enrichment and adventure.  
May we rejoice in all that happens - the surprise and sudden change,  
the clash of plans and hopes.

### OPENING SCHOOL MASS 2020

On Thursday 6th February, our school community celebrated our Opening Mass. The theme of our mass - 'The love of Jesus is in our heart' is significant as we continue to celebrate sharing the love of Jesus throughout the school year. At Sacred Heart we know it is important to live our faith by sharing the the love of Jesus through kind words and kind actions with each other each day!



During our liturgy, celebrated by Fr. John, we asked God's blessing upon all students at Sacred Heart and in particular our Year Six leaders who were called to build their lives on honesty, forgiveness, love, justice and compassion in their role as student leaders. The reflection after communion illustrated how they, as leaders, would continue to 'Light the Way.'

The mass was followed by a barbeque, which was provided by the Sacred Heart School P and F.



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## SPORTS REPORT

### Term 1 Week 4

#### Swimming Carnival

A huge thank you to all parents, grandparents and staff for their help at out at our Swimming Carnival. Congratulations to all students who participated in our carnival, it was a great success. How lucky were we with the weather! Dwyer (green) were our Colour House Champions!

#### *Age Champions*

**Junior Champions - Hamish Curtis, Eddie Brentnall and Darcey Figgis**

**11 Year Champions - Ruben Evans, Lachlan Walsh and Sienna McFarlane**

**Senior Champions - Toby Kohlhagen and Xanthe McQueen**

#### Representative Trials

My sincere apologies for the date changes that have occurred recently because of clashes with other events within the Diocese. I have listed the dates below:

**Touch Trials** - 1st April 9.30-2.30 Jubilee Park, Wagga

**Soccer Trials** - Girls and Boys Dio trials 12th March 9.30-1 Burns Park, Junee

**Netball Trials** - Friday 21st February 9.30-1 Bolton Park, Wagga Wagga

**AFL Trials**- 25th February 9.30-1 Gumly Oval, Wagga Wagga

**Rugby League Trials** - 12th March 9.30-1.30 Loftus Oval, Junee

#### Soccer Trials

Congratulations to Leo Rudd, Zac Wilde, Jesse Barac and Aidan Everett who were successful at the Wagga Soccer trials and will now move on to the Diocesan Trials in Junee on 12th March. There are no Wagga trials for girls, they go straight to Diocesan.

#### **Helpers!**

We desperately need team managers for our **Soccer Gala Days**. If we do not have parent assistance we will not be able to participate in the days.

Girls - Years 3-6 Thursday 27th February

Boys - Years 3-6 Friday 28th February

Please contact me ASAP if you're able to assist.

We also require team managers to help manage our boys and girls teams at **Paul Kelly Cup (AFL)**. Paul Kelly Cup is on Monday 20th March. Please contact me ASAP if you're able to assist. Again, we cannot participate in these days with out parent assistance.

#### **Important Dates**

Friday 27th March Sacred Heart Athletics Carnival (K-6) (Jubilee Park, Wagga)

Friday 3rd April Sacred Heart Cross Country (2-6) (Lake Albert, Wagga)

Sarah Pembleton

Sports Co-ordinator

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## What is The Big Vegie Crunch?

Did you know that only around 6% of Australian children eat enough vegetables? To help our community do better, our school will be taking part in The Big Vegie Crunch at **11am** on **Thursday 5th March**.

Primary schools across NSW will be joining together to break the record for the most students crunching vegetables.



## What can you do to help?

- Pack a container of vegetables (**not fruit this time**) for your child to eat on Thursday 5th March.
- Remember to keep serving up the vegetables at home and in your children's lunchboxes!

Need some ideas?

- carrot, celery, cucumber – cut into sticks or left whole
- capsicum – cut into sticks or wedges
- corn – raw baby corn spears or a cooked corn cob
- broccoli or cauliflower florets - raw or lightly cooked to keep their crunch
- tomatoes – small cherry tomatoes or a large tomato that can be eaten like an apple
- beans or snow peas - raw or lightly cooked to keep their crunch
- mushrooms – sliced or left whole

**Also during Term One, our focus in Kitchen/Garden lessons will be VEGETABLES. We will be learning about the benefits of eating a variety of vegetables. We will be planting new vegetables in our garden and preparing easy vegetable snacks.**

Denise Fleming  
Kitchen /Garden Teacher

# SACRED HEART CATHOLIC SCHOOL

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## BIRTHDAY LIST

Ashleigh Anderson  
Darcey Figgis  
Thomas Joyce  
Beau Barac  
Veronica Mafohla  
Michael Jones



Paige Plum  
Ella Hume  
Jack Nightingale  
Madi Russell  
Austin Pappas

## CANTEEN ROSTER

**TERM 1 Week 5**  
**Wednesday 26/02/20**  
Grandmothers  
**Thursday 27/02/20**  
**HELP NEEDED**  
**Friday 28/02/20**  
Shannon Curtis  
**HELP NEEDED**

**TERM 1 Week 6**  
**Wednesday 04/03/20**  
Grandmothers  
**Thursday 05/03/20**  
**HELP NEEDED**  
**Friday 06/03/20**  
Lisa Merrett  
**HELP NEEDED**



**Congratulations to Ben and Kristie on the arrival of Neo. A little brother for Archie (4M) and Shenique.**

**Congratulations also to Leah and Shannon Moore on the arrival of Cruz. A little brother for Hannah (1E)**

## MERIT AWARDS



## SACRED HEART SCHOOL COUNCIL

Our School Council met for the first time this year at what was a friendly and informative meeting.

Our School Council members are:

Gene Hodgins - Chairperson	Renee Patton - Secretary
Derek Nightingale	Jenny Rolfe
Naomi Richards	Sam King
Carolyn Matthews	Father John

The group shared what they bring to the school through representation on the School Council, went through the CEDWW School Council Guidelines, shared information about the school and learnt about the school Annual Improvement Plan for 2020.

A summary of the focuses of the School Council will be shared with you after each monthly meeting.

## UPDATING STUDENT/PARENT CONTACT INFORMATION

It is imperative that all our information remains current and accurate at all times to assist with the safety and wellbeing of all students in times of emergency and illness.

If this information has changed from the previous information you have supplied to us please contact the office via email ([shk-info@ww.catholic.edu.au](mailto:shk-info@ww.catholic.edu.au)) to update your details.

## Mater Dei Catholic College

*"Where Learning Comes First"*



The Mater Dei Catholic College community warmly welcomes prospective students and families on Tuesday 3 March.

The evening commences with tours from 6pm followed by a short presentation in the hall at 7:30pm. Mater Dei's commitment to using educational research and experience gives the students every opportunity to grow their skills and knowledge.

Come along to see how contemporary teaching and learning is embedded in the Mater Dei experience.

## OPEN NIGHT

6pm Tuesday 3 March 2020  
Plunkett Drive, Wagga Wagga  
Phone: 6923 8300  
[www.mdcc.catholic.edu.au](http://www.mdcc.catholic.edu.au)

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## WHAT'S HAPPENING AT SHK!

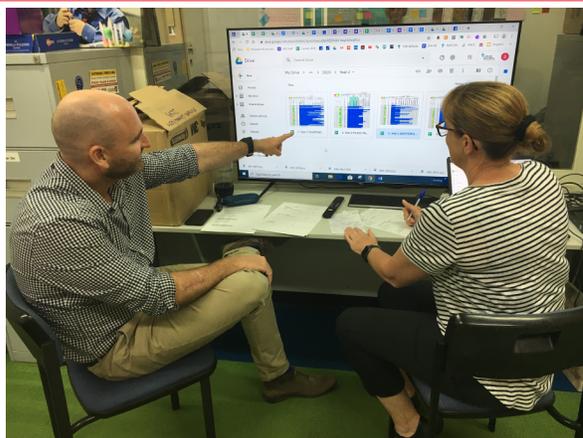
### SAFE INTERNET DAY

Last Tuesday was Safe Internet Day. Students took part in a presentation from Miss Graham about how we use technology and the internet safety.



### ANALYSING MAI RESULTS

Mr King and Mrs Cubis reviewing and analysing student data from the recent MAI testing.



### Tennis Program

Infants started their tennis program last week. They had so much fun!

### SWIMMING CARNIVAL

It was a great day at our swimming carnival last week. Congratulations to our winning house Dwyer and to all our Age Champions. Thanks to all our parents who assisted and to Mrs Pembleton for organising the day.



**Information mornings - Monday 9th March and Wednesday 25th March at 9.30am**



Enrol now for  
**2021**  
Sacred Heart  
Catholic School

*To Love  
is to Serve*

### ABOUT OUR CLASSES

CLASSES FOR GIRLS AND LADIES  
AGED 3 YEARS AND UP!

### WHAT IS PHYSIE ?

Fun, upbeat, pop music is the soundtrack to a sport that fuses dance styles such as jazz, ballet, hip hop, contemporary, aerobic dance and even yoga! Our innovative choreography changes annually.

**ACTIVE KIDS**

2 trial lessons  
for new members



### WHAT WE OFFER

PHYSIE will help develop strength, good posture, flexibility, rhythm, co-ordination, self confidence and most of all  
FUN - FITNESS - FRIENDSHIP



Kerrie 0402236857



waggaphysie@gmail.com

CLASSES HELD ON  
Tuesday, Thursday and Saturday